

River Heritage Quilters' Guild

Quilt Chatter

Volume 26 Issue 11 www.riverquilters.org (Meetings on 2nd Monday) November 2015



Gobble, Gobble, Quilters!

The season of the feeding frenzies is quickly approaching. Are you ready? Do you have strategies in place to keep those fat quarters from landing on your backside? We, quilters, cannot escape the delicious treats even if we avoid the kitchen and hideout in our sewing rooms. We are surrounded by jelly rolls, layer cakes, honey buns and turnovers. If you feel this is a losing battle, fear not, I have a few suggestions.

First, avoid all these sweet treats when doing your holiday shopping. They just add too much temptation to an already bursting at the seams stockpile of goodies. Too late, you say. You have several of these hoarded up, then, reach high and put them on the top shelf. At least you can get a good stretch when you fall victim to your sweet tooth.

Secondly, don't despair if you do reach for one of these deliciously irresistible treats. Cut them up into small pieces—the more you slice away, the more calories you burn doing it. Don't forget! These little pieces will look so eye appealing laid out in intricate patterns. Your family and friends will devour all your loving handiwork and you will be jumping with joy you have one less sweet treat to stuff somewhere.

Finally, pump a little iron. All of us during this time have a few wrinkles to smooth out. Uncle Johnny thinks the jelly roll is a bit too over the top for his tastes and your sister, Mary is busily stuffing your most prized layer cake in her purse. Now is the time to flex those muscles. Show them you have more where that came from—reach right up there and pull down another two or three sweet treats. Remember it's all in the workout—reach, stretch, pump, repeat!

Take the time to enjoy the beauty around you. Family and friends are such a valuable part of our lives. Show someone how much you care by spending time with them whether it's a phone call, invitation to dinner, or simply a hug. It may be the best part of their day and yours, too!

Sweet treats everyone,
Betty Meyer, President

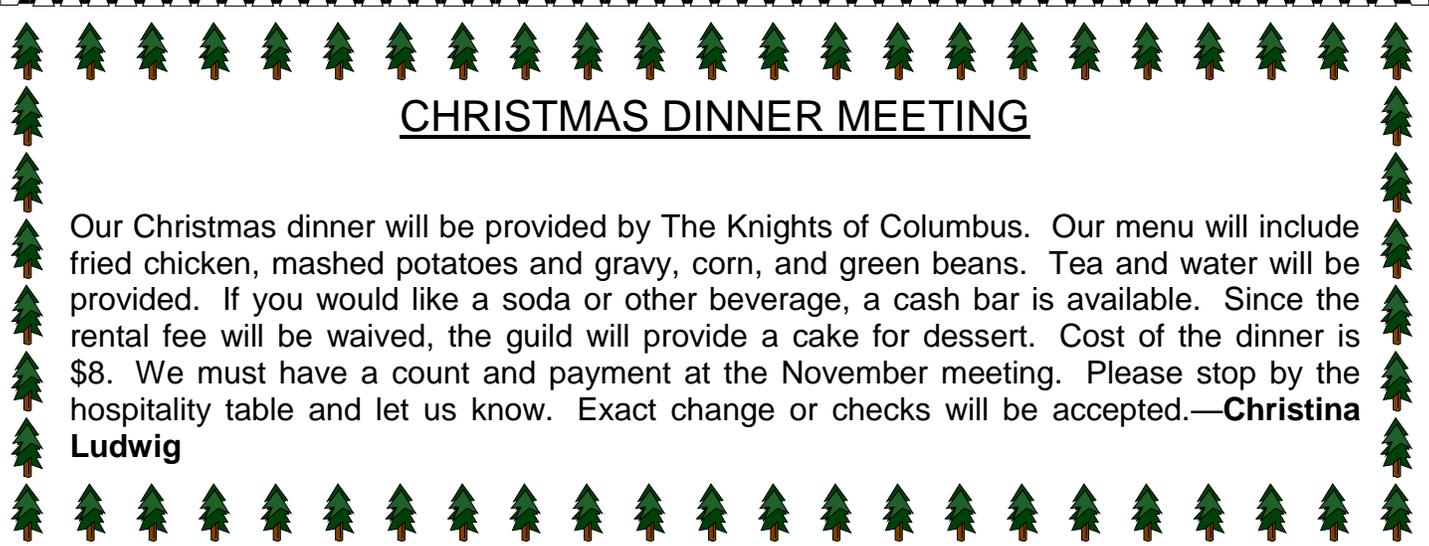


NOVEMBER SPEAKER

Our speaker and trunk show for November is Robbi Triplet from Bittersweet Quilts in Joplin, MO. Robbi will also be giving a class at our library location on Monday November 9, the same day as the meeting. It is an adorable snowman mug rug and there are still spaces available. Contact Jeanette Buchheit if you would like to join us for the class.

A reminder for December – we will have our December dinner catered by the K of C. Dinner is \$8 and we will need to provide them with a headcount, so we will have sign-up sheets available in November. We will also collect for the dinner at that time.

--Ravan Simms and Linda Gast, Co-Vice Presidents



CHRISTMAS DINNER MEETING

Our Christmas dinner will be provided by The Knights of Columbus. Our menu will include fried chicken, mashed potatoes and gravy, corn, and green beans. Tea and water will be provided. If you would like a soda or other beverage, a cash bar is available. Since the rental fee will be waived, the guild will provide a cake for dessert. Cost of the dinner is \$8. We must have a count and payment at the November meeting. Please stop by the hospitality table and let us know. Exact change or checks will be accepted.—**Christina**

Ludwig

11/9/15 RHQG CLASS

Snowman Mug Rug is our last class of the year. This class will be taught by Robbi Triplett. It will be at the Cape Library and begins at 10:00 am and will last about 2-3 hours. The kit will be \$10. All you need to bring is a pair of small pointed scissors and a pencil. You might want to bring a thimble, too, if you usually use one. Bring a lunch if you want to. Everything else will be included in the kit. In case you have forgotten that you signed up, here is my list:

Mary Alice Rushton
Carol Gallaher
Eden Tallon
Caroline Tilghman
Ravan Simms
Martha Haertling
Sally Miller
Mary Beth Parish
Kelly Irvin
Glenda Faber
Linda Gast
Jeanette Buchheit

There is still time to sign up. Just let me know by phone or e-mail.

—**Jeanette Buchheit, Special Events**



Opportunity Quilt-Anastasia Gonzales

2015 OPPORTUNITY QUILT

All members should be involved in selling or purchasing tickets to support our Guild and the programs that we are able to have as a result of having the money from the ticket sales. The drawing will be during the November meeting. You can turn in your tickets and the money at that meeting. It's a beautiful quilt. Picture is above or see it hanging at The Sewing Basket.--Merle

Deneke, Opportunity Quilt Raffle

October 12, 2015 RHQG Meeting Minutes

The River Heritage Quilters Guild was called to order at 6:30 p.m. on October 12, 2015 at the Cape Girardeau Public Library by President Betty Meyer.

Officers present October 12, 2015: Betty Meyer, President; Ravan Simms and Linda Gast, Vice President; Angie Davie, Secretary; Glenda Nations, Treasure; Pat Leech, Historian

Minutes were approved after motions by Linda Gast, Second: Barb Narsh

October Birthday: Barb Narsh presented gifts to the following: Anne Johnson,3; Pat Lester,4; Cheral Benthall and Lois Emerine,5; Mary Lou Rutherford,6; Vickie Howard,7; Merle Deneke,8; Danny Freed,9; Angela Angel and Kay Kenner,10; Carla Wren,11; Mary Kay Reed,14; Janet Bollinger,15; Lola Mayberry, Barbara Miller and Pat Smith,17; Nola Koch,23; Elizabeth Brewer and Darla Snider,25; Kim Chronister,30;

Program: Linda Gast Vice President introduced Brenda Freeman and Sondra Grimes from Murray Sewing Center with the Twister Technique

Membership: Substitute for Lynn Taylor was Cindy Spaeth: **Members Present:** 91; **New Members:** 0;

Guests: 3, Della Gurney, Patty Swayze and Mellisa Falcett

Old Business: none

New Business:

Vice President Linda Gast announced Novembers' program will be Robyn Triplett from Bittersweet Quilts. Fat Quarter for November will be large print. Surveys were given to RHQG members to fill out and were gathered for the 2016 year. **Nominating Committee:** Linda Gast, Lynnnore Meyer, and Kelly Irvin announced slate of Officers for 2016: President, Barb Narsh; Vice Presidents, Ravan Simms and Cheryl Tuschhoff; Secretary, Sandy Hinton; Historian, Pat Leech; Treasurer, Glenda Nations. Vote of Officers will be November meeting. **Publicity:** Regina Tucker and Barb Egbert made suggestions for prospective banner. New 2016 Banner will be the Birthday Challenge Banner made by Barb Egbert. **Special**

Events: Jeanette Buchheit announced Robin Triplett workshop Snowman Mug Rug November 9, 2015, 10:00 a.m. at the Cape Girardeau Public Library. Fee for Snowman Mug Rug kit \$10.00. **Opportunity**

Quilt: Merle Deneke gave progress report on the sale of tickets. There are still several envelopes Guild Members need to pick up. Several envelopes were given out to Guild Members at October 2015 meeting. More tickets are available if anyone wants to sell more tickets. The money that is raised will go toward Special Programs. Chris Ludwig discussed KC Hall Catering the 2015 Guild Christmas Party instead of everyone bringing a dish. Sign-up sheets will be available at the November 2015 meeting. Payment of \$8.00 for Dinner will also be due. Since no money will be used for paper products, it was suggested a cake can be purchased for dessert. An Amendment was made to buy cake with extra money Motion by Melody Loveless. Majority approved.

Block of the Month: Denise Steck Carpenter: September block Salt Water Taffy and Farris Wheel.

Christmas Party Members will vote on the finished BOM Quilt tops. No BOM for November 2015.

Gadget of the Month: Carol Gallaher presented Glow in the Dark Pins

Drawings: Attendance, Della Gurney; Name Tag, Mary Dohogne; Gadget, Glenda Faber; Fat Quarters (38), Kate Eachus; Cash for Stash (\$37.50), Mary Green

Show and Tell: Linda Gast, Pat Leech, Shirley Hrabar, Lynnnore Meyer, Jewel Eggley, Karla Kiefner, Missy Ferguson, Linda Byerley, Jo Payne, Carol Gallaher, Mary Lou Rutherford

Announcements:

- Thank You card from Robbie Stagner and Darrel Gallaher QOV recipients.
- Saphrona Brewington thanked the Guild for the support during her mother's death.
- National Quilt Museum's Quilts of Valor will be presented on November 11th.
- National Quilt Museum is requesting quilts to be donated for their annual action.
- A copy of Treasure Report is available.

Respectfully submitted,
Angie Davie, Secretary

BOM Crew

The final blocks to complete this quilt are sea shells and bathing suits. This fills in those final missing spaces. I am looking forward to viewing all of the creativity that you have put into your very own Vacation Time Quilt. Bring your unfinished (or finished you over achievers) quilt tops to our Christmas Party. If you have worked on only a block or two don't panic, turn those blocks into a table runner, placemats, candle mat or use your imagination. Bring those creative items to the Christmas party as well.

Members will vote for 2 separate categories: #1 quilt tops, and #2 creative blocks. Everyone can participate without rushing to complete all the blocks. See you at the meeting!

--Denise Steck-Carpenter

Dear River Heritage Quilt Guild members:

I want to thank each of you for your sincere time and effort toward honoring all United States veterans. I feel very fortunate to have one of your quilts of valor. I will always be proud of it.

God bless America,
Robbie Stagner, USMC

NATIONAL QUILT MUSEUM EXHIBITS

The National Quilt Museum, Paducah, KY 2015 Exhibit Schedule. Location: 215 Jefferson Street, Paducah, KY 42001; phone: (270) 442-8856.

--To Honor and Comfort: Quilts of Valor 8/20/15-11/11/15

--Red, White, and Quilted 10/16/15-1/12/16

--The Eleventh Hour: Quilts of World War One, 11/13/15-2/9/16



COMMUNITY QUILTS

Community Quilts (CQ) is needing the UPC labels from Hobbs batting. These are used to obtain a reduced cost of batting for CQ. Also, if you have any extra rulers you no longer use, please consider donating them to CQ. Thanks so much.—Deanna Easley and Darla Snider

CHILDREN'S PILLOWCASES

RHQG is still collecting pillowcases for Southeast Health Pediatric patients. Cheerful children prints please, and they need to be pre-washed. These can be given to Deanna or Darla.-- Deanna Easley and Darla Snider

NOVEMBER

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3 #Jo Payne	4	5	6 #Donna Irwin	7
8	9 6:00 Sign In 6:30 RHQG Mtg 	10 #Mary Ake	11	12 #Barb Reininger Spaghetti Day 11-7 @ Arena Bldg. Adult.\$6/ Child \$4	13 #Joanne Moore	14 #Susie Owens %Mississippi River Hills Wine Trail
15 %Mississippi River Hills Wine Trail	16	17 #Rosie Conrad	18 #Lisa O'Brien	19	20 <<Notre Dame HS Craft Fair	21 #Sherry Pressley **Calhoon Art Guild Holiday Sale; (See be- low-\$\$, @, <<)
22#Janice Collier; #Ricki Vaughn; #Cynthia Wine **Calhoon Art Gld. Holiday Sale; (See below-\$\$, @, <<)	23	24	25	26 	27 #Rebecca Moore	28 #Betty Carroll
29	30				<div style="border: 1px solid black; padding: 5px;"> <p>NOTE: Birthdays are marked with a “#”; Guild “heart” is on day of meeting.</p> </div>	

- ▼ **11/14-11/15:**
 ▼ % Wine Trail Taste of the Holidays: Sat. & Sun. 12-6, \$20 advance./\$25 door;
 ▼ mississippiriverhillswinetrail.com
 ▼ **11/21-11/22:**
 ▼ **Calhoon Art Guild Holiday Sale—go to www.visitwestcentralIllinois.com for information.
 ▼ \$\$45th Annual Arts & Crafts Extravaganza—Sat. 10am-5pm/Sun.10 am-4pm at both Osage and Show Me Center; Adm.: \$5 Sat. (both days & locations), \$3 Sun. (both locations)
 ▼ @River Valley Craft Club: Sat. 9-6; Sun. 9-5 at Arena Bldg. and 4-H Bldg.
 ▼ <<Notre Dame HS Craft Fair: Fri 5-9 Adm. \$1, Sat 9-6 Admission \$1, Sun 9-3 Free Admission

TOBY LISCHKO WORKSHOP IN ARNOLD, MO

I am a member of a new quilt guild - the Jefferson Star Quilt Guild. We are holding our first workshop on Nov. 7th featuring Toby Lischko as the teacher. We have spots still available and wanted to open them to quilters in other guilds. Please share this attachment with the members of the River Heritage Quilt Guild. -Serena Crisp

Jefferson Star Quilt Guild Workshop 2015

JSQG is excited to welcome Toby Lischko of Gateway Quilt and Stuff for our very first workshop on Saturday, November 7. The workshop will be from 9am to 1pm in the Lecture Hall at Jefferson College – Arnold

Campus. Doors open at 8:30am.

Cost for guild members is \$50 / non-members \$55

(this includes the kit containing the pattern and templates designed by Toby)

The workshop will be on the Parfait Quilt.

Supply List

Fabric

1 to 1½ yards symmetrical fabric (email Toby if you have any questions regarding symmetrical prints at

tlischko@yahoo.com or see examples at <http://gatewayquiltsnstuff.com/>

¾ yard each of four different tone-on-tones to match (batiks work well too)

1¼ yards dark tone-on-tone for blocks, outer border, and binding

Tools

Sewing machine with regular sewing foot (not a ¼" foot), pre-filled bobbins, neutral thread.

Basic sewing supplies (seam ripper, scissors, fine sharp pins; .5mm or less, - I will have .4mm pins available for purchase)

6" x 12" ruler

Small cutting board (12" rotating board is good for this class)

Small rotary cutter (NOT 60mm), preferably 28mm

Adhesive tape

Magic Mirrors (available for purchase at www.gatewayquiltsnstuff.com)

Optional:

If you are unable to find symmetrical prints, Toby can put a kit together for you. It includes all the fabric needed for the top and binding. Please email Toby at tlischko@yahoo.com at least 3 weeks before event. Optional kit fee: \$50.00.

Registration:

All checks for the workshop should be made out to Jefferson Star Quilt Guild and sent to:

Jefferson Star Quilt Guild, c/o Christy Zawodniak, 5989 HWY Y, Hillsboro, MO 63050

Questions: Christy Zawodniak 636-944-3647

2015 Committee Chairpersons

Audit-Nancy Pleimann

Community Projects-Deanna Easley and
Darla Snider

Director of Correspondence-Donna Irwin

Hospitality-Barb Narsh

Membership-Lynne Taylor

Website-Linda Tansil

Newsletter-Cindy Spaeth

Opportunity Quilt-Anastasia Gonzales

Opportunity Quilt Raffle-Merle Deneke

Block of Month—Denise Steck-Carpenter

Publicity-Regina Tucker

Comfort Quilts-Harriet Martin

Quilt Show-Madeline Gieselman

Retreat-Sally Miller

Special Events-Jeanette Buchheit and
Barb Miller

Gadget of the Month-Carol Gallaher

Yearbook-Sally Miller

11/9/15 MEETING

6:00 Sign in

6:30 meeting

LOCATION

Cape Public Library

FAT QUARTER

Large Print

PINTEREST

Check out RHQG's page

2016 RETREAT

March 9-13, 2016

QUILT SHOW

10/1/16 to 10/2/16

THEME

Jenny Doan's Missouri Star

Community Projects

Community Projects is being chaired by Deanna Easley and Darla Snider. Sewing **has begun** on the first and third Mondays of each month but only from 9 a.m.-Noon. Participants should bring a sack lunch if they wish to eat there. The location is:

Abbey Road Christian Church
2411 Abbey Road, Cape Girardeau

2015 Officers

President-Betty Meyer

Vice Presidents-Linda Gast
and Ravan Simms

Secretary-Angie Davie

Treasurer-Glenda Nations

Historian-Pat Leech

NEWSLETTER & EMAILS

Please send all information (in typed format) to be published in the newsletter by the 20th of the previous month to **Cindy Spaeth**. If your email changes or for any email announcements, send the email to **Donna Irwin**.

NOTE: Please double check your information before passing it on to ensure it is correct.